

The Team Nutrition (TN) e-Newsletter is published periodically to share TN resources developed by USDA and/or by State agencies, and to share ideas for promoting healthy eating and physical activity through Team Nutrition at the State and local levels.

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Update from [Chefs Move to Schools](#)



As the first anniversary of the Let's Move! campaign approaches, more than 2,200 chefs and 1,900 schools have responded to First Lady Michelle Obama's call to action. Chefs across the country are volunteering to help generate excitement about nutritious foods in schools through cooking demonstrations, taste tests, school gardens and cooking clubs. Chefs and schools are engaging students, teachers, food service staff, and parents in supporting a healthy school environment.

[Visit the Chefs Move to Schools website](#) for some spotlight stories on chef-school partnerships, and gain new ideas and inspiration about kid-friendly activities.

Schools: Report your match with a chef by updating your School Profile [here](#).

The Partnership for a Healthier America continues to offer **free cooking demonstration kits** to schools **matched** with chefs. Learn more about this donation opportunity, and [complete the application form](#).

Interested in helping chefs get involved with your school's [HealthierUS School Challenge](#) efforts? Point them in the direction of our [HUSC Primer for Chefs](#) and ask them to assist in the application process.

News from Team Nutrition



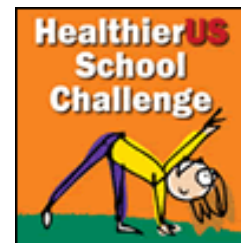
2011 Training Grant Application

A Request for Applications (RFA) for FY 2011 Team Nutrition Training Grants has been posted to the [Team Nutrition](#) website and on [grants.gov](#).

The purpose of this grant is for State agencies to expand and enhance their training programs that incorporate and implement the *2010 Dietary Guidelines for Americans* and USDA Foods in meals served under the National School Lunch Program (NSLP) or the Child and Adult Care Food Program (CACFP). Applications are due to FNS by April 25, 2011, with grants to be awarded in September 2011.

More HealthierUS School Challenge Award Winners!

The HealthierUS School Challenge (HUSCC) is a voluntary initiative established in 2004 to recognize those schools participating in the National School Lunch Program that have created healthier school environments through promotion of nutrition and physical activity.



To date, **1,074 awards** have been given to schools in 39 states! Team Nutrition is committed to reaching 1250 schools by June of 2011. **Take the HealthierUS School Challenge Today:**

<http://teamnutrition.usda.gov/healthierUS/index.html>



News from the National Food Service Management Institute



Whole Grains in Child Nutrition Programs **COMING SOON from NFSMI!**

Whole Grains in Child Nutrition Programs, a modular training package developed by the [National Food Service Management Institute](#),

for USDA, contains six lessons and recipes that can be used to encourage the use of whole grains in school menus.

Lessons in this resource teach participants to identify whole grains and whole-grain products and to plan menus to incorporate more whole grains. The lessons also include how to purchase and market whole grains, as well as how to adjust recipes. A Trainer and Participant's manual with whole-grain recipes will be available.



New Materials Developed by States



CACFP Healthy Menu Planning Guide

Idaho Department of Education, Child Nutrition Programs.

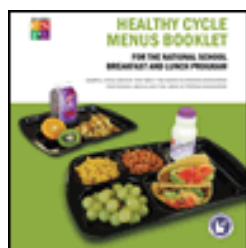
This manual contains menu planning tips and suggestions; nutrition recommendations and best practices based on the 2005 Dietary Guidelines for Americans; meal time best practices; and sample menus that utilize USDA Recipes for Child Care.

Extreme Health Challenge

State of Missouri Department of Health and Senior Services; Missouri Team Nutrition.

The "Extreme Health Challenge" focuses on introducing more physical activity to school children. There is a component for physical education teachers, classroom teachers and school foodservice. The physical activity portion of the "Extreme Health Challenge" focuses on the entire class getting in 225 miles worth of physical activity in an agreed upon amount of time depending on the size of the class and the age of the students in the class. A guide for including healthier foods for celebrations is included, as well as charts for documenting new foods that are introduced to students.

Healthy Cycle Menus Booklet For The National School Breakfast and Lunch Programs



Idaho Department of Education..

Idaho is home to many healthy foods that can be incorporated into the National School Breakfast and Lunch Programs. This booklet for school foodservice staff was created to help with menu planning and promotion of Idaho produce. This resource contains cycle menus and marketing strategies for promoting the healthy menus.

MyGarden™ School Meals Resource

Michigan Team Nutrition.

This resource links the School Garden to the School Meals Program. The resource also provides guidance to the school nutrition professional in how to participate in planning which items to grow. Ideas for how produce can be incorporated into quantity recipes or used on the serving line are included. Includes procedures detailing the storage, preparation, and culinary techniques used to make produce appealing to students. Also includes a primer on the nutritional value of produce and quantity recipes to try in school foodservice.

New Materials Developed by States

[MyGarden™ Lesson Plans](#)

Michigan Team Nutrition.

The K-12 MyGarden lesson plans were written by teachers and reviewed by horticulturists and nutritionists. Each lesson contains gardening and nutrition information and activities within a specific content area - English Language Arts; Math; Science or Social Studies.

Role Model Star Awards Programs

Michigan Team Nutrition.

- [Role Model Award Overview \(PDF | 68 KB\)](#)

This is a 2 page overview of the 2010 Michigan Team Nutrition Role Model Star Awards. It provides an overview, description of the selection process and results.

- [Role Modeling Stories \(PDF | 142 KB\)](#)

Read the role modeling stories from award winners!



[Wyoming Mealtime Memo](#)

Wyoming Department of Education, Team Nutrition.

These two-page fact sheets for child care providers cover a variety of topics relevant to this audience.

Resources from the Healthy Meals Resource System



[HealthierUS School Challenge Resources](#)

Find supporting resources to help you meet the Challenge!

- Menu Planning
- Nutrition Education
- Physical Activity
- Wellness Policy Resources
- Stay Connected
- Success Stories and HUSC Promotion

[What's in Season?](#)

Choosing fruits and vegetables that are in season is a great way to stretch food dollars. Learn about the fruits and vegetables that are fresh and in abundance each season: find nutrition education materials, recipes, fun facts, and more!



Resources from the Healthy Meals Resource System

Discussion Groups



Connect with fellow Child Nutrition Professionals for ideas, resources and solutions, or join other parents, teachers, and community members interested in creating a healthy school nutrition environment, using our electronic discussion groups.

Mealtalk

Mealtalk is an e-mail discussion group intended as a communication tool to link the professionals who are operating the Child Nutrition Programs, such as the National School Lunch Program and the Child and Adult Care Food Program, so that they can share resources, information and innovative solutions to common day-to-day problems.

<http://healthymeals.nal.usda.gov/hsmrs/mealtalk>

Successtalk

Successtalk is an e-mail discussion group intended as a communication tool to link school health professionals, child nutrition educators, principals, teachers, parents and community members who are interested in creating a healthy school nutrition environment. Members can share success stories, resources, information and innovative program ideas that encourage healthy eating and physical activity habits.

<http://healthymeals.nal.usda.gov/hsmrs/successtalk>

Team Nutrition E-Newsletter

About USDA's Team Nutrition

Team Nutrition is an integrated, behavior-based, comprehensive plan for promoting the nutritional health of the Nation's children. Team Nutrition uses three behavior-oriented strategies: 1) provide training and technical assistance to help Child Nutrition Program foodservice professionals to prepare and serve nutritious meals; 2) provide multifaceted, integrated nutrition education for children, their parents, and other adults who influence children's behavior; and 3) build school and community support to create a healthy school environment that is conducive to healthy eating and physical activity.

For more information regarding USDA's Team Nutrition and how to enroll your school as a Team Nutrition School, go to the USDA Web site at <http://teamnutrition.usda.gov/team.html>

What's new on USDA's Team Nutrition Web site? Check it out at <http://teamnutrition.usda.gov>

Submit your comments and suggestions regarding this Team Nutrition e-newsletter to Desirée Stapley (desiree.stapley@ars.usda.gov)

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